



The Parent Place Of Springfield

The Parent Place, a not-for-profit agency, teaches effective parenting skills to local parents and professionals who work with children.

Services and classes provided by The Parent Place include:

- Family Mediation
- Court Advocacy
- Relatives as Parents Network
- 1-2-3 Magic Discipline
- Individualized Family Coaching
- Kids' Rights
- Teenage Fathers
- Diaper Pantry

Our local success stories are made possible thanks to the generous support of local people like you, state agencies, and the United Way of Central Illinois

In the race of life, parents and grandparents "pass the baton" to the children in their care. In the race of life, some batons have sharp edges, or parts too hot or cold to touch, or worse, the person supposedly running the first leg of that relay just isn't there.

Just like athletes need coaches, The Parent Place is a local non-profit that exists to help educate parents and grandparents to be there and not let the baton fall. Through education, mentoring, and even diapers, The Parent Place helps more than 7,500 Sangamon County families each year.

You can help too! Just grab a partner of any age and join us for the Pass It On 5K Relay! If your partner is a child too young to run or walk, you can push a stroller.



Be a good role model for your children. Join us on August 2.



314 South Grand Ave West
Springfield, IL 62704



PASS IT ON



Washington Park Shelter

Sunday August 2, 2009 • 9 am

Sponsored by:

**Londrigan, Potter
& Randle, P.C.**

Attorneys at Law





Waiver

I am aware that participation in this event is a potentially hazardous activity that may cause injury or death. I should not participate in this event unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this activity, am in good health, and am properly trained. I agree to abide by any decision of any race volunteer relative to any aspect of my participation for any reason. I assume all risks associated with participating in this event, included but not limited to: falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic, and road conditions. I understand that pets, roller skates, skate boards, scooters, bikes and roller blades are not permitted in the race and I will abide by this guideline. Having read this waiver, and knowing these facts hereby waive and release The Parent Place, the race directors, The City of Springfield, and all sponsors of this event from all claims or liability of any kind arising out of my participation in this event, even if said liability should arise out of negligence or carelessness on part of the persons named in this waiver.

Signature (or parent's signature if under 18)



Team Application:

Competitive Recreational

Name (First, MI, Last) _____

Address _____

City, State _____

Zip _____ Phone # _____

Sex _____ Age _____

T-Shirt Size (circle 2) XS S M L XL

Co-ed team name _____

Team member name _____

Age _____

Parent Child team name _____

Parent's name and age _____

Child's name and age _____

Method of Payment

Check Visa


Credit Card No. _____

Expire Date _____

Signature _____

The Parent Place

314 South Grand Ave. • West Springfield, IL 62704
217-753-8730 • Fax: 217-241-1039
www.tppos.org



You'll be helping a great cause, celebrating healthy relationships, exercising together and building memories! Come on, what are you waiting for?



Choose a Partner

The 3.2 mile course in Washington Park will be broken into one 1.2-mile portion and one 2-mile portion. There are no age restrictions, and your team is encouraged to be intergenerational.

Choose a Category

Competitive (Your team wants to run fast and race for time as well as have fun) OR Recreational (Your team will run, walk, crawl and do whatever it takes to finish the relay and have fun with your family and friends)

Registration

\$40/team of 2. Return this completed form or visit our online registration at www.TPPOS.org. Registration includes 2 T-shirts and a commemorative baton. Event day registration will begin at 7:30 a.m. at the Washington park shelter by the playground.

Awards

Awards will be assigned in both competitive and recreational categories. Awards will be given in various age groups based upon the cumulative age of team members. Awards will also be given to top male and female teams overall; top co-ed teams, top parent-child teams; and middle of the pack, oldest/youngest, back of the pack.

Detach here and mail entry form and waiver in with your payment