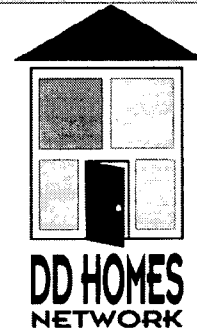
**5K Run/Walk Benefit****Saturday, October 30, 2010 / 10:00 am**

Please come join DD Homes for its first annual 5K fundraiser! All race proceeds will go to serving adults with developmental disabilities. DD Homes is a quality focused network dedicated to providing exceptional residential services to adults with developmental disabilities and other cognitive impairments, within a highly respectful, activity-rich, well managed and caring environment.

**COURSE:**

- 5K (3.1 miles) paved course at Washington Park in Springfield, IL
- Ample parking available
- Scenic landscape of Washington Park

**CHECK-IN:**

- Washington Park Pavilion  
1500 S Grand Ave West  
Springfield, IL
- Pre-registrations can be mailed to 2024 Club View Drive Spfld IL. or Friday the 29th at the park 2 - 7
- Day-of registration begins at 8 am
- Race starts at 10 am

**NON-REFUNDABLE ENTRY FEE:**

- \$20.00 pre-registered by Oct 11
- \$25.00 race day registration

**RACE FEATURES:**

- Water Provided
- Electronically Timed
- Refreshments after race
- T-shirts guaranteed to the first 200 registered runners or walkers
- Costumes Optional!!!

*No dogs or unauthorized wheeled vehicles allowed on the course.*

**QUESTIONS:**

clubviewcourt@ddhomes.net  
(217) 726-6475 - Cyndi Lewis  
-or-  
gainesmillplace@ddhomes.net  
(217) 793-0074 - Curtis Nelson

**AWARDS:**

- Award ceremony to follow tabulation of results
- Awards to overall male and female winners and 1st, 2nd, and 3rd male & female winners in each division.

**GROUPS:**

18 - under  
19 - 24  
25 - 34  
35 - 44  
45 - 54  
55 - above

*Overall male & female winners will not be eligible for age division awards.*

The 5K race will be held rain or shine. In the even the race is cancelled due to inclement weather, we thank you for your donation to DD Homes.

**PLEASE PRINT**

Name: \_\_\_\_\_

Age as of Oct. 30, 2010: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Male \_\_\_ Fem \_\_\_

City, State, Zip: \_\_\_\_\_

*I would like to make an optional donation of \_\_\_\_\_ dollars directly to the DD Homes.*

T-Shirt Size: S M L XL 2X  
(please circle)

*Donations may be included with your race registration. Thank You!!!*

I know that running a 5K race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of our acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the DD Homes, Community Living Options, Achievement Unlimited, RFMS, Springfield Park District (IL), City of Springfield, IL, Washington Park, and all sponsors, their representatives and successors from all claims or liability that may arise out of negligence or carelessness on the part of the person named in this waiver.

Date \_\_\_\_\_

OFFICIAL USE ONLY: BIB # \_\_\_\_\_

Signature (Parent of guardian if under 18 years of age) \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: RFMS****MAIL TO: 2024 Club View Drive, Springfield, IL 62704**